

**Table 1**

Variable	Mean	SD	Min	Max
Age	68.70	9.00	50	89
Gender	Male = 1 Female = 2			
Marital status	Married = 1 Single = 2 Widowed = 3 Divorced = 4			
Educational level	High school or less = 1 College = 2 Postgraduate = 3			
Income	< \$10,000 = 1 \$10,000-\$19,999 = 2 \$20,000-\$29,999 = 3 \$30,000-\$39,999 = 4 \$40,000-\$49,999 = 5 \$50,000-\$59,999 = 6 \$60,000-\$69,999 = 7 \$70,000-\$79,999 = 8 \$80,000-\$89,999 = 9 \$90,000-\$99,999 = 10 ≥ \$100,000 = 11			
Health insurance	No health insurance = 1 Medicaid/Medicare = 2 Private health insurance = 3			
Depression	Depressed = 1 Not depressed = 2			
Alcohol consumption	Drinks alcohol = 1 Doesn't drink alcohol = 2			
Smoking	Smokes = 1 Doesn't smoke = 2			
Exercise	Exercises = 1 Doesn't exercise = 2			
Loneliness	Lonely = 1 Not lonely = 2			
Social support	Has social support = 1 No social support = 2			
Life satisfaction	Satisfied = 1 Dissatisfied = 2			
Quality of life	Good quality of life = 1 Poor quality of life = 2			

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10  
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